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Senior Health and Wellness Newsletter

Kentucky Department for Aging and Independent Living



Food Recalls: What you need to know.

Food recalls are intended to keep us safe not to cause panic. When a food recall happens, we hear about it on the news, in the paper, and at the grocery store. It's good to know that a recall of one product does not mean all forms of that product are a potential problem. Learning to understand food recalls better may help us to know what to do when one occurs.

To identify if a recalled product is in your home, match identifying marks on the product with the recall notice details.

- Product name
- Brand
- Container codes such as UPC, Lot, and Date
- Container size

Some items, such as fresh produce, may not have labels. In this case, check with your grocery store.

If the product details don't match the recall notice, there is no need to be concerned or to take any action.

If you determine that a recalled product is in your home:



- Do *not* eat the product.
- Dispose of the product carefully either by returning the product to the store or following the instructions issued with the recall notice.
- Do *not* provide the product to others. Don't give the item to the food bank or to pets.
- Do *not* puncture or otherwise open cans.
- Wash hands with warm water and soap after handling the product.

More information regarding specific product recalls can be found at www.recalls.gov. This site is a one stop shop for U.S. Government recalls.

To Report a Suspected Problem.

If you suspect a problem with a food item, contact one of the following to report it.

- Contact your Local Health Department
- Food and Drug Administration (FDA) information line:
1-888-SAFEFOOD
- United States Department for Agriculture (USDA) meat and poultry hotline:
1-800-MPHOTLINE (888-674-6854)



For More Information:

http://www.befoodsafe.org/what_you_should_know

<http://www.recalls.gov/>

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